

Sharing > Learning > Improving
Newsletter
January 2024

Sharing > Learning > Improving
Leadership
Marisa Firkins – Safety Forward
IOSH Blueprint Workshop
Roger Smith – Black Dog Safety
15th January 2024 – 13.30 – 15.30

12.45 for
13.30 – 15.30
Walsall FC, WS1 4SA

**Members Corner – Innovative H&S
training ideas – Steve Davis WHG**

Programme

- > Introduction
- > Main Topic(s)
 - Leadership – Marisa Firkins – Safety Forward
 - IOSH Blueprint Workshop – Roger Smith
 - Members Corner – WHG – Steve Davis, - A Just Culture
- > Information
- > Next Event(s)



Introduction



- ▶ Happy New Year and welcome to the January 2024 Newsletter.
- ▶ We welcomed 46 Members to our first event of 2024, including a couple of Members who hadn't been to a meeting since Covid, a new member and several guests.
- ▶ We introduced a new initiative – Peer to Peer QA. Attendees were invited to submit questions prior to the meeting or type their questions in SLIDO, and then we raised these questions on the day and invited a response from the audience. It created great engagement and debate and we look forward to continuing this feature at the February event.
- ▶ The January Event Presenters included Construction Co-Chair Marisa Firkins, Roger Smith of Black Dog Safety and Member Steve Davis. Links to their presentations can be found on the following page.



Chair – Wayne Bishop 15 January 2024



In the News

Our very own and BHSEA 2023 Winner of the Member Spotlight Award Tony Kempton has become a familiar face in both the local and national press.

Tony's award success was celebrated both on the [Shropshire Chamber of Commerce website](#) and in the [IOSH Connect Newsletter](#).



Tony award for one of our own!

As the world's film stars prepared for that they hoped would be a busy awards season early this year, one IOSH award-winner was already celebrating an honour received from his fellow professionals.



ARH's Health, Safety & Environmental Manager Tony Kempton Receives Member Spotlight Award At The BHSEA Member Awards 2023

January 11, 2024 / Members News



Leadership – The Power of speaking up

Marisa Firkins – Safety Forward



Marisa spoke candidly about the importance of speaking up both at work and at home, and what can happen if you don't. She illustrated this with two personal accounts that shaped her life.



Top 3 reasons why employees don't speak up:



Fear of being viewed negatively



Feeling as if they don't have enough experience



Feel that the organisation's hierarchy is intimidating/unsupportive

[Link to presentation](#)



IOSH Blueprint Workshop

Roger Smith – Black Dog Safety



IOSH Who Needs to Do CPD

Old Membership Grade	New membership Grade	CPD Requirement
Student	Student	Optional CPD
Affiliate	Affiliate	Optional CPD
Associate	Affiliate	Optional CPD
Technical	Technical	Mandatory 30 hours CPD each year through Blueprint
Graduate	Certified	Mandatory 30 hours CPD each year through Blueprint
Chartered Member	Chartered member	Mandatory 30 hours CPD each year through Blueprint Mandatory IOSH Ethical practice in OSH – e-learning
Chartered Fellow	Chartered Fellow	Mandatory 30 hours CPD each year through Blueprint Mandatory IOSH Ethical practice in OSH – e-learning
Honorary Fellow	Companion	No CPD requirement: NB - Honorary Fellows retain th

IOSH Competency Framework

Today's OSH professionals need a broader range of skills, knowledge and behaviours to influence and drive change.

The competency framework includes 69 competencies across three categories:

- technical,
- core and
- behavioural.

It is not a 'one size fits all' tool - the range and level of competencies required for each individual and for each role will vary and depend on factors such as the sector, the individual's seniority or career stage and the size of organisation.



[Link to presentation](#)



Members Corner

Steve Davis



A Just Culture

[Link to presentation](#)



HSE Update

HSE Safety Notice

Crush risk from powered tilting stabilisers

HSE is aware of 3 fatal incidents in Great Britain since 2019, where the operator of a lorry loader has been crushed against the bodywork of the vehicle by the retracting leg of a powered tilting stabiliser.

On some lorry loaders with powered 'tilting', stabilisers people can be crushed against the bodywork of the vehicle when the stabilisers are being retracted.

There is a risk of serious injury or death when a powered tilting stabiliser is being rotated to a vertical position.

Those involved in lorry loader operations should include the crushing hazard from tilting stabilisers in their risk assessments and include appropriate control measures in all lorry loader procedural documentation, such as lift plans.

[View the safety notice](#)



HSE Update

Where Asbestos Hides: NEW posters from HSE

Asbestos is the greatest cause of work-related deaths in Great Britain. Around 5,000 people die every year from asbestos-related diseases which typically take decades to develop and cannot be cured.

These posters have been designed in support of HSE's campaign to raise awareness of asbestos-related health risks. They aim to inform workers of the most common locations asbestos can be found in industrial and residential buildings. Whether you are a worker, building owner, landlord, employer or person responsible for building maintenance, you should be aware of where asbestos is most frequently found in buildings in order to protect yourself and others.

Asbestos can be present in any building that was built or refurbished before 2000 and can be hidden within, for example:

- lagging on plant and pipework
- insulation products such as fireproof panels
- asbestos cement roofing material
- sprayed coatings on structural steel work to insulate against fire and noise

Buy from CIP Books and get 15% discount using Promotional Code BHSEA15

[Industrial 'where asbestos hides' A3 poster Price: £9.16 \(£10.99 inc. VAT\)](#)

[Residential 'where asbestos hides' A3 poster Price: £9.16 \(£10.99 inc. VAT\)](#)





HSE Update

Free Online Learning from the HSE

A HSE campaign offers free online learning for employers

To help employers prevent stress and support good mental health, a free interactive tool has been developed that brings HSE's Working Minds campaign principles to life.

The [Working Minds campaign](#) promotes the principles of risk assessment, with a focus on 5 steps: reach out, recognise, respond, reflect, make it routine.

The new bitesize online learning is made up of 6 short modules that guide you step by step, with helpful tools and practical resources.

You'll come away with an understanding of what the law requires of employers and what you need to do to be compliant.

[Register for the Working Minds online learning and get started today](#)





HSE Update

HSE updates Vibration webpages

The HSE vibration website has seen some of its content refreshed.

Updates to the vibration pages include the following:

- replacing the vibration exposure and monitoring PDF, we now have a brand new page with the guidance: [Hand-arm vibration - Advice on measurement and monitoring](#)
- an updated page that offers advice for employers on hand-arm vibration: [Hand-arm vibration - Advice to Employers](#)
- the webpage featuring the Control of Vibration at Work Regulations 2005 has been updated to remove any outdated content: [Hand-arm vibration - Control of Vibration at Work Regulations 2005](#)
- our hand-arm vibration calculator can assist you in calculating exposures - this page offers guidance on how to use it. You can also access a link to the calculator at this page: [Hand-arm vibration - Guide to using HSE hand-arm vibration exposure calculator](#)
- our vibration risk assessment page now features an updated table for estimating exposure:
[Hand-arm vibration - Vibration risk assessment](#)



Leadership and Management Training

What Leadership and Management training options are CITB providing?

CITB are supporting the construction industry with leadership and management training via the following routes:

- [Short courses](#) - Employees can choose to take one module as a short course or take a “pick and mix” approach to learning, opting to take several different courses within the framework to benefit their personal development.
- [Full qualification](#) - For anyone preferring to do a complete qualification, CITB are providing 10,500 free spaces on the Construction ILM Level 3 Award or Certificate in Leadership and Management Practice training programme
- [Further funding support for Leadership and Management training](#) - Financial support to businesses to help towards the cost of developing their managers, leaders, and supervisors



HSE Update

Keep safe at work as the winter months begin

Wintry weather is arriving, which means slips and trips accidents are likely to become more frequent.

At this time of year surfaces can be perilous – there are plenty of seasonal factors to consider when avoiding these sorts of accidents.



Poor lighting, excess water from rain and even wet and decaying leaves can all cause slip and trip accidents to increase significantly.

Slips and trips cause over a third of all major injuries and can also lead to other types of accidents, such as falls from height or into machinery.

Our website guidance on slips and trips provides plenty of information and resources on how to avoid these accidents in and around the workplace.



Programme of Events 2024

A forum that helps to protect people & safeguard your business

Birmingham Health, Safety
BHSEA
& Environment Association

Introduction & Event Programme 2024

Aiming to make health and safety

- Simple
- Visual
- Practical

Registered Charity: No. 255523
T: 07881 290238 E: secretary@bhsea.org.uk
www.bhsea.org.uk

Monthly meetings take place on the second Monday of each month*

- 15 Jan: **IOSH Blueprint Workshop** – Roger Smith
Leadership – Marisa Firkins
Members Corner – WHG
- 12 Feb: **Training – H&S Policies** – Pat McLoughlin
- 12 Feb: **Manual Handling** – Harold Floyd – Elite Safety Training
HSE Manual Handling Assessment Tools
Tommys
- 11 Mar: **Construction Matters** – 3 M
- 21 Mar: **WWT – Vehicle Plant Movement**
- 08 Apr: **AGM and Recruit, Retain Develop** – Andy Woodhall – One Degree Difference
- 13 May: **Fire** – details TBC
- 10 Jun: **Legal Update, and practical incident investigation or workshop** - Bevan Brittan
- 9 Sep: **Environmental**
- 14 Oct: **Construction Matters – BSR/CDM**
Members Corner – Peter Bowers
- 11 Nov: **Health**
- 9 Dec: **BHSEA 2024 Awards**

➤ *Training Events to be announced*

Further details of all of the above at www.bhsea.org.uk

* Apart from July/August

More



Free Training Course

FREE BHSEA Training Session Health and Safety Policies

Pre-booking essential



12th February 2024

9.30 – 12.30

Walsall FC – 1888 Suite



Health and Safety Policies

Is your Health and Safety Policy a one-page document?

If it is then this is the course you need to be booked on

You will learn

- What one is
- How you create one, and
- How you manage it

When – 12th February 2024 – 9.30 to 12.30

Where – Walsall FC 1888 Suite

Click [here](#) to book your place

More



Member Benefits – Discounted Training Courses

HEALTH AND SAFETY TRAINING
Telford Campus - Stafford Park 4

W CITY OF WOLVERHAMPTON COLLEGE
HEALTH & SAFETY TRAINING

We provide health and safety training to suit the varied levels of responsibility within a company.

- IOSH Working Safely
- IOSH Managing Safely
- IOSH Managing Safely Refresher
- IOSH Fire Safety for Managers
- Health and Safety Awareness - Site Safety Plus CITB
- UKATA Asbestos Awareness
- Nebosh National General Certificate
- Nebosh Award in Environmental Awareness at Work
- NVO Level 6 Diploma in Occupational Health and Safety Practice

Short Courses (virtual or classroom):

- Manual Handling
- Risk Assessment
- COSHH
- Confined Spaces
- DSE
- Working at Height
- PUWER
- Fire Marshal

NEW: We also provide **Face Fit Testing.**

Dates and prices for all courses are available upon enquiry.

Many of the courses can be delivered in-company. Please contact us to discuss your requirements.

Caroline Cottis
01902 610101 or cottisc@wolvcoll.ac.uk

BHSEA Members get 10% off Wolverhampton College One Day Health and Safety Courses

With industry-recognised NEBOSH, IOSH and CITB qualifications, short part-time courses meaning you can gain your qualification without significant time away from the workplace, and the opportunity to progress to study at university-level, the City of Wolverhampton College has a course to meet all.

Contact Caroline Cottis for details and state you are a BHSEA member.

More



Safety Groups UK – FREE Webinar



How your Safety Group Members can be SGUK Award winners

SGUK are delighted to announce that the third webinar, How your Safety Group Members can be SGUK Award winners, will take place on the 24th January at 11.00am. Speakers Stephanie Coyle, Group SHEQ Manager, Adman, Michelle Pitkin, Chair IOSH FRMG and Ian Scott IOSH FRMG will join Karen McDonnell to provide insights into their Award-winning submissions.

The webinar aims to bring the Safety Group Network back together and reach out to those groups who have struggled after Covid whilst at the same time engaging those groups that are thriving, with the objective of building a stronger Safety Group network going forward.

Please joins us and register using the link below.

<https://events.teams.microsoft.com/event/42aca489-e932-4221-93a0-234d94d626b2@49662788-c10b-4940-a0c8-5e016fc28d18>

More



IOSH Midlands Event BHSEA Members welcome



Management of Underground Services and Cable Avoidance

IOSH Midland Branch invites you to a face-to-face meeting at Hollyfields Sports and Conference Centre, Erdington, Birmingham B24 0JT on Thursday 1st February 2024 from 13:00.

There will be a presentation by Glen Parkins from 3Sixty Training on the Management of Underground Services and Cable Avoidance.

Glen, the founder and owner of Training3sixty Ltd, began as an apprentice electrician with the Electricity Board, evolving over 30 years into versatile roles such as cable jointing, emergency resource management, plant protection, proximity engineering, and critical complaint management. Glen's guiding principle, "Enthuse, excite, then educate," reflects his commitment to inspiring and empowering individuals, leaving a lasting impact in both professional and personal spheres.

If you have any dietary requirements, then please email midland@ioshnetworks.com with details

More

Next Monthly Event

Sharing > Learning > Improving
Manual Handling
12 February 2024 13.30 – 15.30

Register to Attend



> Main Topics

- **Manual Handling – Harold Floyd**
- **HSE Manual Handling Tool**
- **Tommys – Yvonne Ebdon**

07881 290238
secretary@bhsea.org.uk
www.bhsea.org.uk

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