

Sharing > Learning > Improving

Newsletter

December 2023

Main theme



Programme

- > Introduction
- > Main Topic(s)
 - A risk-based approach to mental health at work – Heather Beach – Healthy Work Company
 - 2023 BHSEA Awards
- > Information
- > Next Event(s)

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Introduction



- Welcome to the December 2023 Newsletter, the final one of 2023.
- There were 45 Members at the inaugural BHSEA 2023 Awards. These awards are our way of saying thank you, and to recognise and celebrate the incredible work and support that BHSEA members give. Our volunteers and members continue to ensure that BHSEA thrives by delivering high quality events, effective training, networking and CPD opportunities to support the Health, Safety and Environmental sector within the West Midlands.
- We also heard from the fantastic Heather Beach on the pitfalls of implementing a Wellbeing Strategy.
- We wish you all a Merry Christmas and a happy, healthy and safe 2024.



Chair – Wayne Bishop 11 December 2023



A risk-based approach to Mental Health

Heather Beach – Healthy Work Company



Any members who are interested in the presentation, may also want to do [this questionnaire](#) which will help them identify where they are missing elements from their wellbeing strategy.



[Link to presentation](#)



Wayne Welcomed everyone to the inaugural BHSEA Member Awards Ceremony. See the following pages for details of the Award Winners.

The 2023 Award Categories were:

- Chairs' Special Recognition Award
- Membership Recognition Award
- Membership Spotlight Award
- Construction Special Achievement Award
- High Five Award - Voted by Members



Congratulations to
Tony Kempton, ARH Group
Member Spotlight Award Winner





Congratulations to:

John Sneath

SATS (Site Assessment & Training Services)

Construction Special Achievement Award





Congratulations to:

John Frazer

The Royal Wolverhampton NHS Trust

Membership Recognition Award





Congratulations to:

Louise Mansfield, Bevan Brittan

Andy Lucas, Bespoke Safety

High Five Award Winners





Congratulations to:

Louise Mansfield, Bevan Brittan

Chair's Special Recognition Award





HSE Update

Refreshed asbestos guidance published

Asbestos is the greatest cause of work-related deaths in Great Britain. Around 5,000 people die every year from asbestos-related diseases which typically take decades to develop and cannot be cured.

HSE has refreshed its [guidance on asbestos](#) to help you protect yourself and your workers.

The HSE website has been updated to:

- simplify the navigation to help you easily find the information you need
- remove outdated content and replace it with up-to-date, refreshed guidance



HSE Update

Building Safety Regulator Update

- Philip White to lead Building Safety Regulator on permanent basis
- Wider responsibilities for Accountable Persons (Aps) and Principal Accountable Persons (PAPs)
- Becoming a registered building inspector or approver - the registration service for building control inspectors and approvers had opened. Hear more about this from [Sandra Ashcroft](#)
- Free building control profession webinar – 13 December 13.30 – 15.30. Click [here](#) for more details



CITB Update

Mental Health Awareness courses that attract CITB Grant

[Mental health awareness](#) £60 (Tier 1)

GET2336 - This training standard is one of a set of standards for mental health first aid training. The purpose of this standard is to provide candidates with the knowledge to recognise mental health issues developing and start practical mental health conversations.

[Mental health first aid](#) £140 (Tier 2)

GET2383

[Mental health first aid – Refresher](#) £70 (Tier 2 - refresher)

GET2944 - The purpose of Mental health first aid refresher course is for delegates who have previously passed the full Mental health first aid course or subsequent refresher course and can provide proof of attendance.

[Mental health first aid champion](#) £60 (Tier 1)

GET2337 - This training standard is one of a set of standards for mental health first aid training. The purpose of this standard is to provide candidates with the knowledge and skills to become a mental health first aid (MHFA) Champion.



HSE Update

Keep safe at work as the winter months begin

Wintry weather is arriving, which means slips and trips accidents are likely to become more frequent.

At this time of year surfaces can be perilous – there are plenty of seasonal factors to consider when avoiding these sorts of accidents.



Poor lighting, excess water from rain and even wet and decaying leaves can all cause slip and trip accidents to increase significantly.

Slips and trips cause over a third of all major injuries and can also lead to other types of accidents, such as falls from height or into machinery.

Our website guidance on slips and trips provides plenty of information and resources on how to avoid these accidents in and around the workplace.



Member Paul Singh – Published Article and Podcast

BHSEA Committee Member Paul Singh in 2023 has had published an article in the IOSH Magazine and released a great podcast. Click below to read the article and listen to the Podcast.



[September/October 2023 | IOSH Magazine](#)

IOSH speak to Paul Singh CMIOSH, a practicing Sikh, about the independent research he has undertaken into the relative lack of turban-wearing Sikhs in construction health and safety

<https://www.ioshmagazine.com/2023/09/21/truth-about-turbans>

Six New Building Safety Act Provisions - Changes from 1 October 2023



Six New Building
Safety Act Provisions

Implemented from 1 October 2023

 Louise
Mansfield
Legal Director
0370 194 5065 | 07436 037389
louise.mansfield@bevanbrittan.com

03:12

Click [here](#) to also see a video digest series relating to the Social Housing (Regulation) Act 2023, which impacts on Building Safety



Programme of Events 2024

Monthly meetings take place on the second Monday of each month*

- 15 Jan: **IOSH Blueprint Workshop** – Roger Smith
Leadership – Marisa Firkins
Members Corner – WHG
- 12 Feb: **Training – Risk Assessments** – Pat McLoughlin
- 12 Feb: **Manual Handling** – Harold Floyd – Elite Safety Training
HSE Manual Handling Assessment Tools
- 11 Mar: **Construction Matters** – 3 M – Demo Van and Noise
Protection and RPE
- 21 Mar: **WWT – Vehicle Plant Movement**
- 08 Apr: **AGM and Recruit, Retain Develop** – Andy Woodhall – One
Degree Difference
- 13 May: **Fire – details TBC**
- 10 Jun: **Legal Update, including Case Law, and practical incident
investigation or workshop** – Louise Mansfield- Bevan Brittan
- 9 Sep: **Environmental**
- 14 Oct: **Construction Matters – BSR/CDM**
Members Corner – Peter Bowers
- 11 Nov: **Mental Health**
- 9 Dec: **BHSEA 2024 Awards**

➤ *Training Events to be announced*

Further details of all of the above at www.bhsea.org.uk

* Apart from July/August

More

Next Monthly Event

Sharing > Learning > Improving
IOSH Blueprint and Leadership
15 January 2024 13.30 – 15.30

Register to Attend



Sharing > Learning > Improving
Leadership
Marisa Firkins – Safety Forward
IOSH Blueprint Workshop
Roger Smith – Black Dog Safety
15th January 2024 – 13.30 – 15.30

12.45 for 13.30 – 15.30
Walsall FC, WS1 4SA

Members Corner – Innovative H&S training ideas – Steve Davis WHG

> Main Topics

- **IOSH Blueprint Workshop – Roger Smith**
- **Leadership – Marisa Firkins – Safety Forward**
- **Members Corner – WHG – Steve Davis, Michelle Geoghan, and Sam Butler**

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