



Sharing > Learning > Improving
9 March 2020
Meeting / Event - Newsletter

Links via icons or arrows

> Introduction / Welcome 

> Hazard Spotting 

> Main Topics / Presentations 

> Toolbox 


> Other    


> News / Stop Press 


> Next event(s) 

Main Theme:


CONSTRUCTION MATTERS

Members' Corner
Mental Health First-Aid
Sara Badham, MBO Ltd. 

Construction Health Risk Toolkit (CHeRT)
- An Introduction: Luke Bradley, HSE 
- A Users Perspective: Craig Nevin, Dudley MBC

Sandwell Aquatics Centre
Paul Reynolds, Wates Construction 



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www.bhsea.org.uk



A Warm Welcome!

- **Guests:** Matthew Hartley, Furmanac Ltd.
Richard Curry, Andy Cairns, Raynor Davies, Brent Davies – MBO Safety Services Ltd.
- **New Members:** Simon Reeves - Black Country Housing Group
R White – Image Styles Construction Ltd.
- **New attendees:** Katrina Nor – Pinsent Masons
Gez Cooney – Aston University
- **Everyone:**
- **Our Speakers:** As shown on the title page and / or presentation pages



Just before the start



Presenters and Audience





What could happen?

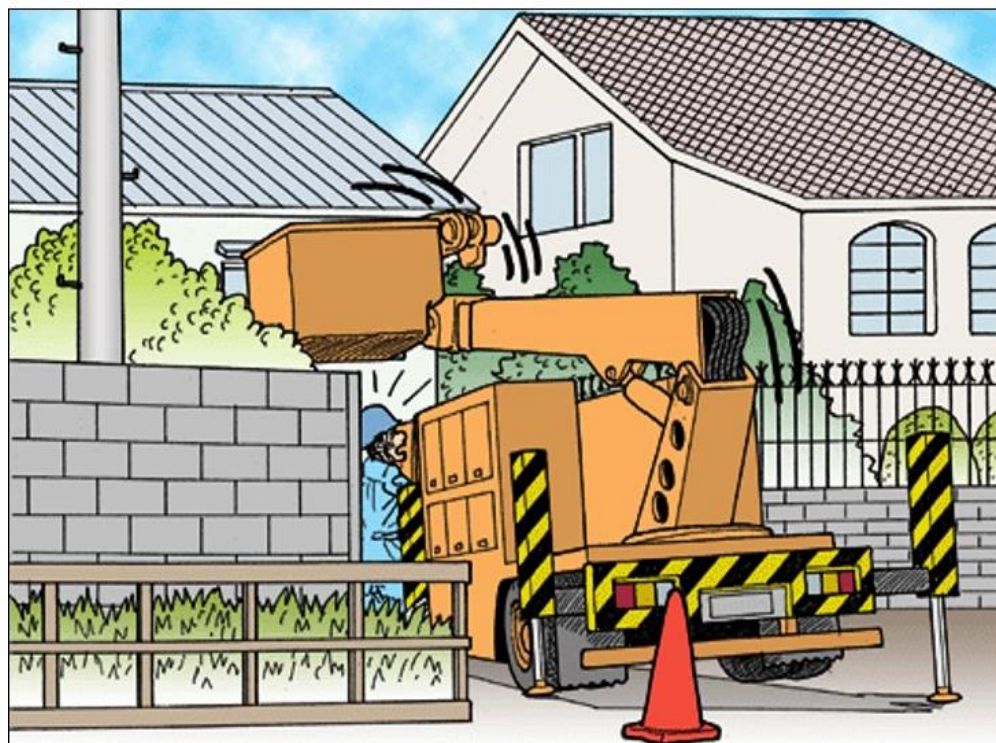


From Japan International Center for Occupational Safety and Health

An aerial lift truck is being used to perform electrical work near a wall. Before moving on to the next work site, the worker tries to stow the outriggers using the operating levers on the side of the vehicle.



What did happen



From Japan International Center for Occupational Safety and Health

Because only the two outriggers on the wall side were lowered, the aerial lift truck tilted toward the wall, pinning the worker between the vehicle and the wall.



What is Good or Not Good?





Members' Corner **Mental Health First-Aid**

Sara Badham, MBO Ltd



Sara Badham has worked in construction for the last 10 years on a variety of contracts including factories, building site, motorways and landscaping. She now works as a H&S consultant looking after quarries. Training she has undergone includes PTS, IPAF, First aid and Mental Health first aid, to name just a few.


Key Points:


- › Often people just need someone to talk to
- › Stigma still exists around mental health
- › The value of sharing experiences between BHSEA Members
- › The value of mental health training on a personal level

Link to website – presentation slides



Construction Health Risk Toolkit (CHeRT)

- An Introduction: Luke Bradley, HSE 

- A Users Perspective: Craig Nevin, Dudley MBC 



Craig Nevin Principal Health and Safety Officer at Dudley MBC for the last 13 years, Member of the BHSEA Construction Committee & WWT Group, Ambassador for Mates in Mind tackling the stigma attached to Mental Health in the Construction Industry. Team Member of Tough Enough To Care a Men's Mental Health Charity and qualified MHFA England Instructor.

Key Points:

- ▶ The emphasis is on health rather than solely safety
- ▶ It is **NOT** an inspection
- ▶ The aim is to start the conversation between individuals working for the organisation
- ▶ Time involved is typically half a day
- ▶ CHeRT is basically a self assessment toolkit / mini audit
- ▶ As a result of the CHeRT audit, Dudley MBC is in the process of setting up a working group; is preparing Action Plans and is including the CHeRT exercise within their tendering process



Sandwell Aquatics Centre: Paul Reynolds,
Chloe Biddle & Taz Razzaq - Wates Construction,
and Matthew Garey – AJ Morrisroe



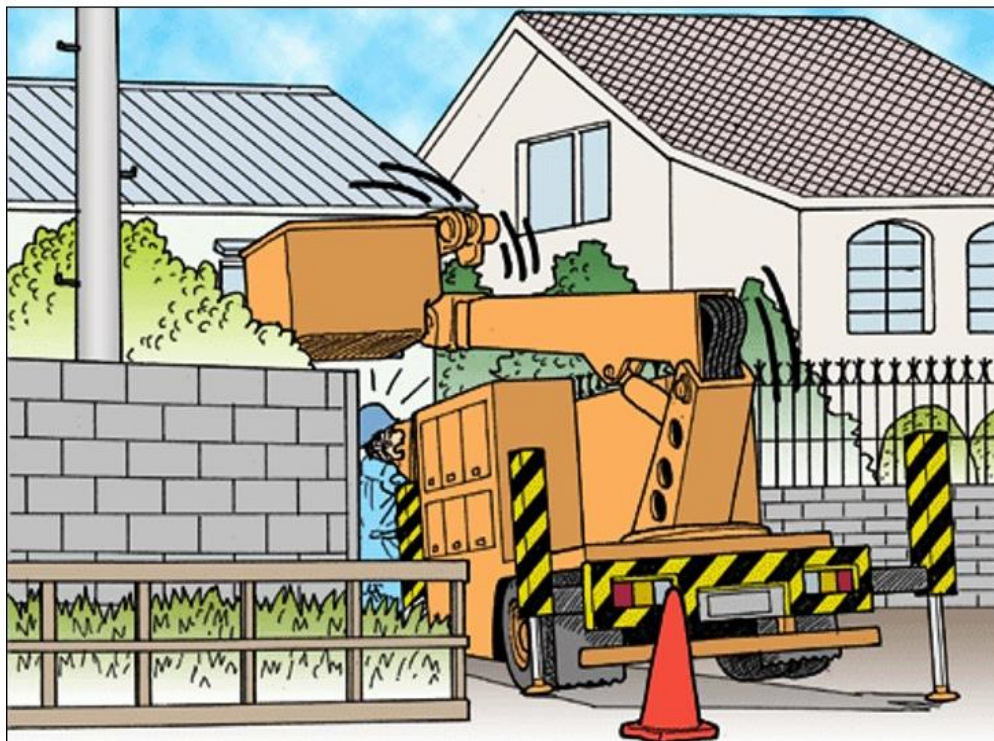
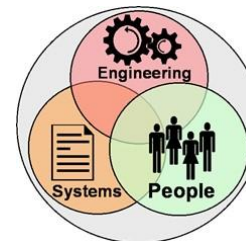
Key Points:

- Features of the aquatic centre to be built were described and shown using animation software
- Internal /external facilities described including: football pitches; an urban park; sports hall
- After the Commonwealth Games the centre's legacy will include: a multi-purpose facility for the local community; local residents will be eligible for discounted life membership; the development of transport links and employment locally.
- The main components of the health and safety management system were outlined and examples of how it works in practice shown.
- Key features included:
 - Leadership
 - A 'One Team' ethos
 - Visual approach including visual standards and visual induction
 - Innovation and technology
- AJ Morrisroe adoption of the Wates philosophy, principles and practices
- Use of pictures / visuals and elimination of paperwork
- Tool / equipment inspection App using photos / pictures



Questions from earlier picture / scenario

- Possible causes?
- Possible improvements?



Because only the two outriggers on the wall side were lowered, the aerial lift truck tilted toward the wall, pinning the worker between the vehicle and the wall.

From Japan International Center for Occupational Safety and Health




Construction Health Risk Toolkit (CHeRT)

Unfortunately not currently available from HSE / HSE website
but see next page / slide



HSE

Leadership and worker involvement toolkit


Health and Safety Executive

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[LWI - Key principles](#)

[The seven steps](#)

[For workers](#)

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[A-Z of LWI toolkit](#)

Leadership and worker involvement toolkit

Reducing harm by learning from the best in the construction industry

This toolkit has been developed by the construction industry's Leadership and Worker Engagement Forum to help contractors and managers learn how to make health and safety improvements in their businesses.

Getting started

If you are new to this toolkit, use the [Health and Safety Diagnostic Tool \(HSDT\)](#) to find out how your organisation is doing.

You could also visit the sections 'LWI - Key principles' or 'The seven steps', or read the tips on how to use the toolkit.

[Launch the Health and Safety Diagnostic Tool](#)

1	2	3	4	5	6	7
Assess how you're doing	Find the root of the issues	Make it fit with what you do	Lead this in your company	What's in it for your team	How your team can carry it out	Make it last


Related content

- [HSE's Sector and Health priority plans](#)
- [Report an incident](#)
- [Report a complaint](#)
- [Working Well Together \(WWT\)](#)
- [Working in Great Britain from overseas](#)



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Health and Safety made simple



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Health and safety made simple

The basics for your business

<p><u>Appoint a competent person</u></p> <p>Choose who will help you manage health and safety in your business</p>	<p><u>Risk assessment</u></p> <p>How to identify hazards and assess risks at work</p>	<p><u>Provide information and training</u></p> <p>Tell your workers what their health and safety duties are</p>
<p><u>Prepare a health and safety policy</u></p> <p>What a policy is and how it helps you manage health and safety</p>	<p><u>Consult your workers</u></p> <p>Involve your workers and inform them about health and safety</p>	<p><u>Have the right workplace facilities</u></p> <p>Have toilets, washbasins and other welfare facilities workers need</p>
<p><u>First aid in work</u></p> <p>Advice on your first aid kit, training workers and appointing first aiders</p>	<p><u>Get insurance for your business</u></p> <p>Find out why you may need employers' liability insurance</p>	<p><u>Report accidents and illness</u></p> <p>You must report certain injuries, near-misses and work-related illnesses to HSE</p>
<p><u>Display the law poster</u></p> <p>You must display the poster or give workers the equivalent leaflet</p>	<p><u>The law</u></p> <p>The Health and Safety at Work Act, criminal and civil law</p>	

https://www.hse.gov.uk/simple-health-safety/index.htm?utm_source=govdelivery&utm_medium=email&utm_campaign=digest-4-mar-20&utm_term=textlink&utm_content=hsms



HSE

Lone Workers

Protecting lone workers

Lone workers can be at greater risk of harm as they may not have anyone to help them if things go wrong.

Employers should provide training, supervision, monitoring and support for those working alone.



Our revised leaflet is for anyone who employs lone workers, or engages them as contractors etc, including self-employed people or those who work at home. It has been updated to include advice on work-related violence, keeping in touch, and the impact of lone working on stress and mental health.

The leaflet is supported by lone working webpages which include advice aimed at lone workers themselves.

Rick Brunt, Head of HSE's Operational Strategy Division, said: 'This is an important piece of guidance which has been updated as the number of lone workers increases across all sectors, it will help employers manage risks and keep lone workers healthy and safe.'

https://www.hse.gov.uk/pubns/indg73.htm?utm_source=gov_delivery&utm_medium=email&utm_campaign=lone-working&utm_term=indg73&utm_content=digest-4-mar-20


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Resources

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Protecting lone workers: How to manage the risks of working alone



Date of publication: 03/20
ISBN: 978 0 7176 5729 1
Series code: INDG73(rev4)
[Download a free copy](#)
[Buy this product](#)

This guidance explains how to keep lone workers healthy and safe. It is for anyone who employs lone workers, or engages them as contractors etc, including self-employed people or those who work alone.

Lone workers face the same hazards at work as anyone else, but there is a greater risk of these hazards causing harm as they may not have anyone to help or support them if things go wrong. As an employer, you should provide training, supervision, monitoring and support for lone workers.

The updated guidance contains:

- a new section on how to protect lone workers from the risk of work-related violence
- more information on how managers should keep in touch with lone workers
- new advice on the impact lone working can have on stress, mental health and wellbeing

The leaflet is supported by [lone working webpages](#) which include advice aimed at lone workers themselves.

Related content

- [HSE Books +44 \(0\)333 202 5070](#)
- [Translated leaflets](#)
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Scaffolding


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← Safety topics

Overview

Assessing all work at height

Roof work

Fragile surfaces

Ladders

Tower scaffolds

Scaffold checklist

Scaffold checklist

This guide is intended to clarify when a scaffold design is required and what level of training and competence those erecting, dismantling, altering, inspecting and supervising scaffolding operations are expected to have.

Scaffold design

It is a requirement of the Work at Height Regulations 2005 that unless a scaffold is assembled to a generally recognised standard configuration, eg NASC Technical Guidance TG20 for tube and fitting scaffolds or similar guidance from manufacturers of system scaffolds, the scaffold should be designed by bespoke calculation, by a competent person, to ensure it will have adequate strength, rigidity and stability while it is erected, used and dismantled.

At the start of the planning process, the user should supply relevant information to the scaffold contractor to ensure an accurate and proper design process is followed. Typically this information should include:

https://www.hse.gov.uk/construction/safetytopics/scaffoldinginfo.htm?utm_source=govdelivery&utm_medium=email&utm_campaign=digest-12-feb-20&utm_term=checklist&utm_content=work-height



New Website – Coming Soon

Birmingham Health, Safety



& Environment Association

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A Forum that helps to protect people & safeguard your business

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pa + VAT

Next Free Monthly Event Monday 13th January 2020
AGM and HSE Keynote Address
📍 Walsall FC, Banks's Stadium - Guests welcome – please register or contact the Secretary

 Latest Tweets

Register

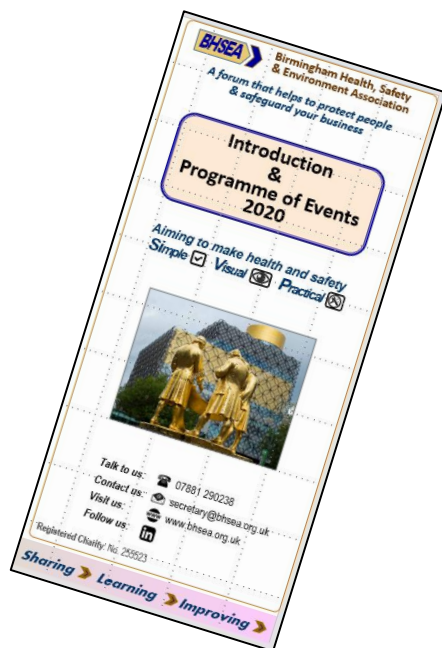
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Join



You can help!

**Tell your contacts, supply chain etc about us – pass on a leaflet and get them to come
Guests Welcome!**



13 Jan: AGM; HSE Progress Report, Plans & Priorities
- Tony Mitchell, HSE

10 Feb: Workplace Transport: Still a risk – Still a Killer
- George Allcock, BHSEA; Steve Parton, AXA

09 Mar: Construction Matters

20 Apr: Health, Welfare and Wellbeing in Practice – including Mental Health Issues

30 Apr: Building / Facilities Safety: Managing risks including fire risks (Annual Seminar)

11 May: Information, Instruction & Training: Getting it right - making it stick - Ian Pemberton, Human Focus

08 Jun: Legal Update and Refresher - HSE and Pinsent Masons

14 Sep: Machinery and Work Equipment Safety
- Anthony Bowmer, EEF

12 Oct: Construction Matters

09 Nov: Environment Update and Refresher

14 Dec: Members Challenges and Achievements – What, why and how



You can help!

Events



By making a short '*Members' Corner*' presentation which could include:

- Your business and the approach to health and safety
- How you deal with specific hazards
- A current challenge or project
- Seeking the views of others on an issue you have identified

Resources



By sharing something for the benefit of others including:

- Photos good / not so good
- Tools & Techniques
- Forms
- Example procedures

Training



By providing training / training material / information including:

- Your logo and business / contact details to go on the BHSEA website*
- Training sessions, free and / or at a discount for BHSEA members
- Toolbox talks (an actual presentation or making material available)
- PowerPoint presentations / training aids

** This should be of interest to HS&E consultants, trainers and training providers*



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HEALTH, WELFARE & WELLBEING

> Introduction / Welcome 

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Any questions, please contact Liz Prophett, BHSEA Secretary



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