

diabetes&you

# Diabetes and Wellbeing at Work

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## Overview

- How big is the problem
- What is diabetes?
- Impact of the condition
- Who is responsible?
- How will it help?
- Possibilities
- Questions

TODAY 9.6 MILLION  
PEOPLE ARE AT HIGH RISK  
OF DEVELOPING  
TYPE 2 DIABETES.

BY TOMORROW  
THE NUMBER WILL BE

HIGHER

## How big is the problem?

3.2 MILLION PEOPLE IN ENGLAND HAVE DIABETES

2.7 MILLION HAVE BEEN DIAGNOSED...



...BUT AN ESTIMATED  
0.5 MILLION HAVE TYPE 2 AND DON'T KNOW IT.

IF NOTHING CHANGES,  
BY 2025 MORE THAN

**4** million

PEOPLE IN ENGLAND  
WILL HAVE DIABETES

TOTAL UK DIRECT/INDIRECT COSTS  
(£BILLIONS) ASSOCIATED WITH DIABETES

TODAY  
**23.7**

RISING  
TO A PREDICTED  
**39.8**  
BY 2035-36

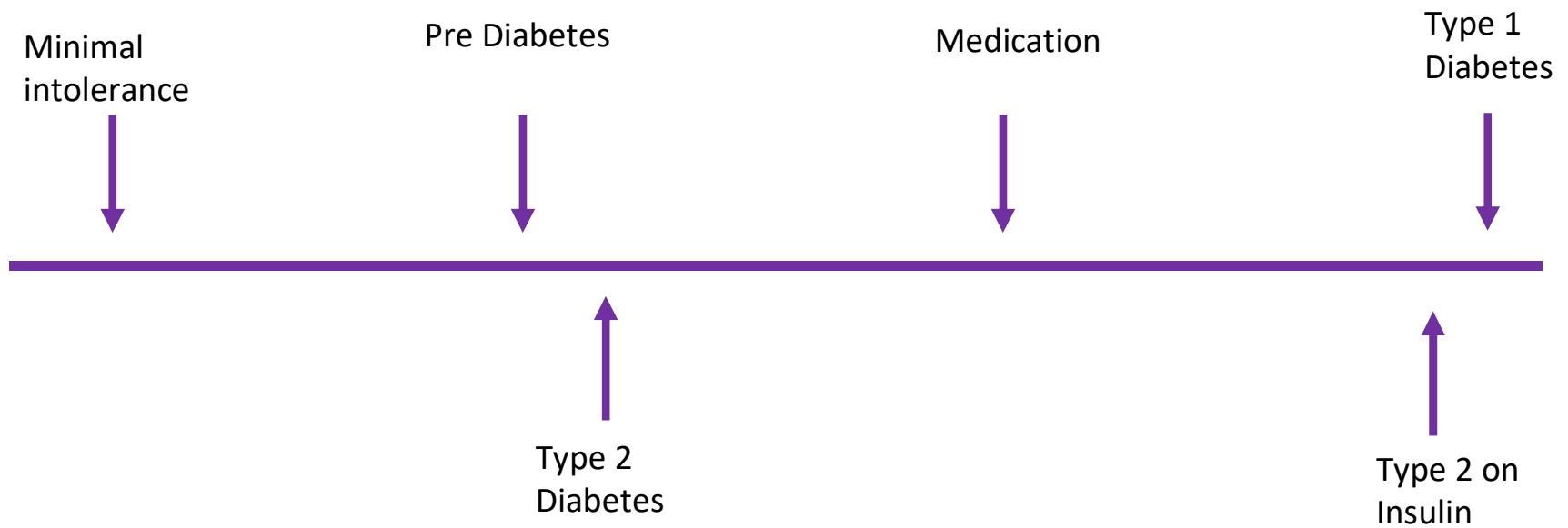
OF THE  
NHS BUDGET FOR  
DIABETES

**80%**

IS SPENT ON  
MANAGING AVOIDABLE  
COMPLICATIONS

# What is diabetes?

It is a sugar intolerance



## Symptoms



Diabetes can present as an invisible condition for years until people start to see the damage that it has been causing such as loss of sensation in toes and eye sight changes.

## Impact of the condition

On people with type 2 diabetes	On companies
Tiredness	Presenteeism
Ill health	Absenteeism
Impact on driving (DVLA regulations)	Health Risks
Depression	Litigation
Complications	

The question remains,  
who is responsible for  
the management of this  
condition? **Everyone**

A joint strategy is needed to locate the 940,000 undiagnosed people, followed up by education and ongoing support to sustain wellbeing and create empowered people.



## How will this help?

- Give people quality of life and empowerment – helping them remain productive, healthy and happy.
- Support health and safety obligations.
- Avoid potential claims from people with undiscovered diabetes who are driving or working with machinery.
- Decrease the number of employees who could be viewed as disabled as a result of diabetes.
- Decrease sick days and increase productivity of staff
- Save lives

## Possibilities

- Health Checks/Blood Testing
- Marketing/awareness materials
- Informal talks
- Group/individual education
- Peer and company support
- Change the culture!

Thank you

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