

# Epilepsy awareness training

**Want to learn more  
about epilepsy?**



## We provide a full introduction to epilepsy

Our specially trained volunteers can inform you about:

- What epilepsy is
- Seizures and seizure types
- Diagnosis and treatment of epilepsy
- What to do if you witness a seizure
- First aid for seizures
- Living with epilepsy

We deliver this training in one session and provide all supporting material.

### Who do we deliver training to?

Organisations or groups who want to learn more about epilepsy. These include private employers, healthcare and service providers, colleges and schools.

### How well is our training rated?

Over 90 per cent of people who received our training gave an overall “Good to Excellent” rating.

To book or to find out more contact us:

**tel** 0113 210 8800

**email** [awareness@epilepsy.org.uk](mailto:awareness@epilepsy.org.uk)

**epilepsy.org.uk**

Please note, we do not provide emergency medication training.