

Birmingham Health, Safety & Environment Association

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Newsletter

April 2009

BHSEA in the Media spotlight again!

BHSEA Vice-President Mark Hoare joined an impressive line-up of safety professionals recently, to answer listeners' questions on the prestigious Ed Doolan show on Radio WM. Roger Bibbings of RoSPA joined in the discussion by telephone. This special item was organised to complement the Panorama programme, "May contain Nuts", on the same day on BBC1. If you want to listen to this phone-in, go to the BHSEA Website Homepage and click on "Gallery" in the left hand side-bar and then click again on the link above the photograph.



L to R: Andy Lucas, Team Manager, Birmingham City Council; Mark Hoare; Ed Doolan; Neil Budworth, Corporate Health and Safety Manager, E-on UK, representing IOSH

Meeting on Monday 20th April 2009

Chairman **Bob Cole** welcomed members to the meeting and the Secretary read out apologies from David Nevey, Tony Hall, Gerry Mulholland, George Allcock and President Morris Cooke. He finished the list by announcing that **Vice-President Mark Hoare** was absent because, as our meeting opened, he was representing BHSEA on a 'listener's phone-in', on the Ed Doolan show in BBC Radio WM! The Secretary added that the Radio programme had introduced this item to link in with a BBC1 Panorama programme, entitled "May contain Nuts", due to be broadcast at 8.30 pm that evening. With a title like that, he added, we might expect another bad press for the profession, although there were signs on the BBC Website that it would strike a better balance than Channel 4's attempt last year.

The Chairman also welcomed anyone attending for the first time and the following introduced themselves: -

- **Michael Donoghue, MITIE Property Services UK Ltd.**
- **Gareth Stanley, visitor and potential BHSEA Member**
- **Sophie Gask, Occupational Health Advisor, Birmingham University**

Protecting Your Skin

Presentation by Paul Tierney, Regional Sales Manager, Marigold Industrial Ltd.

Paul introduced his presentation by asking the rhetorical question "What do your hands deserve?" and explained that he would cover crucial Mechanical and Chemical Hazards, together with the importance of correct sizing.

The answer to Paul's question was "Respect" – which we all needed to pay our own hands and very often did not do, for a multitude of reasons! He explained the importance of this by saying that, in our lifetime, we carried out something like 25 million hand movements! Altogether, there are 27 bones in each hand, with metres of blood vessels and thousands of nerve endings per square inch, all covered by a miraculous protective layer of skin.

Although it is flexible and tough and does an incredible job, Paul added, it is not indestructible! In addition to its protective role, it also enabled us to detect extremes of hot and cold so that we could avoid harm from our surroundings. He then showed us several photographs of the ravages brought about by cement burns, dermatitis and even amputation!





Cement Burns

These cement burns are horrific and are easily comeby because wet cement is alkaline and does not cause any sensation as it burns into the vivtim’s skin. There was a high profile case in the Construction Industry, some years ago, where a groundworker was standing in poured cement for a few hours, did not bother to change his clothing and suffered such serious burns that part of his leg had to be amptutated! Although frequent washing and after work skin care can alleviate this problem, it is so much better, Paul suggested, to prevent the problem altogether, with the use of an appropriate glove!

Another common skin injury, Paul went on, is that caused by Chemicals, which trigger off Irritant Dermatitis. This type of injury is very much worse if it develops into the Allergic form of the disease, as a result of exposure to certain types of chemicals. In these cases, following initial exposure, subsequent contact with, often, a much smaller quantity of chemical can cause the same degree of injury. This is very often a career-threatening problem, which can have a devastating effect on work and family!



Dermatitis

Paul continued by showing this photograph of a severe amputation of all the fingers on a worker’s unprotected hand. Although machines should have built-in guarding to prevent this sort of injury, there are other work activities where an appropriate glove is an essential protection. Luckily, Paul added, the victim’s fingers were all re-attached successfully but such an outcome cannot be guaranteed and the process of rehabilitation is not easy!



Traumatic amputation

In a reversal of the old adage, Paul went on to say the “Size Really Does Matter!” because gloves that were too small caused the hand to cramp up, whereas the opposite extreme resulted in a loss of dexterity. He demonstrated the use of this convenient sizing Chart to emphasise the point, by asking the placing his right hand, palm down, over the image with the one side pressing up against the end of the red line.

The graduated marks at the other end of the line indicated the glove sizes which gave the most comfortable fit for optimum performance. The following table gives the relevant dimensions for the different sizes from EN420, which lays out the general requirements for most sizes of glove, including: -

Margold Industrial COMASEC

Glove sizing gauge

To achieve maximum comfort and operator efficiency the correct glove size is essential. All **Margold Industrial** gloves are available in a range of sizes.

Place one side of your palm against the left hand edge of the gauge below and read off your glove size on the gauge.

5.5 6.5 7.5 8.5 9.5 10.5

Margold Industrial Ltd
T: 0845 075 3355 (LoCall)
F: 0845 075 3356 (LoCall)
uk@margold-industrial.co.uk

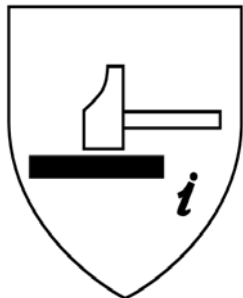
ALWAYS ON HAND TO HELP YOU
WHEN SELECTING THE RIGHT GLOVE FOR THE JOB

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- Ergonomy, construction (neutrality of pH, amount of detectable CrVI and no allergenic substances), innocuousness and Comfort (size), dexterity, water vapour transmission and absorption.
- If requested, electrostatic properties must be measured according to the tests of the prEN 1149-1,-2 or 3. Pictograms shall not be used and specific information on lab test conditions must be added.
- Indication of the levels of performances: 1 : minimum, 2 : good, 3 : very good, 4 and more : excellent, 0 : does not offer protection. X : performance not measured.

Selection of the glove's size according to the hand length and circumference						
Glove Size	6	7	8	9	10	11
Minimal length (mm)	220	230	240	250	260	270
Hand Circumference (mm)	152	178	203	229	254	279
Hand Length (mm)	160	171	182	192	204	215

Mechanical Protection Markings



ABCD

Paul then dealt with the matter of Mechanical Protection, which is specified in **EN388**. The symbols on the left appear on Gloves to mark the Mechanical Performance in various categories listed below: -

Appropriate Category Performance Levels displayed in this sequence, adjacent to the Symbol

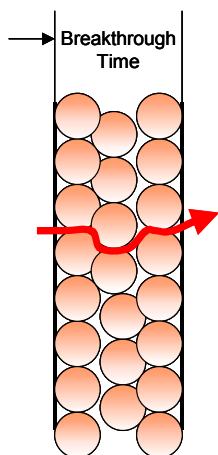
Performance Category		Performance Levels				
		1	2	3	4	5
A	Abrasion Resistance (cycles)	100	500	2000	8000	n/a
B	Blade Cut Resistance (index)	1,2	2,5	5	10,0	20,0
C	Tear Resistance (Newtons)	10	25	50	75	n/a
D	Puncture Resistance (Newtons)	20	60	100	150	n/a

Performance Category		Performance Levels Ranges
A	Abrasion Resistance	0 - 4
B	Blade Cut Resistance	0 - 5
C	Tear Resistance	0 - 4
D	Puncture Resistance	0 - 4

Paul then passed round some samples of gloves for the audience to examine and comment on the relative performances in various Categories. He drew our attention to the superior performance of Kevlar under the Blade Cut Resistance test and mentioned

that this was done with a blade mounted in a jig passing through a recorded number of cycles until it penetrated the material.

He then discussed the resistance of gloves to the Permeation of various chemicals through the material itself. He said that this attack took place in a subtle manner, when some molecules could pass into the material and diffuse through top the inside, *even though there are no discernable holes*. Paul likened this effect to a ballon on Boxing Day that started to look wrinkled and soft! Permeation data comprises these two elements: -



1. **Breakthrough Time (BTT)** – The measure of how long it takes the chemical to pass through the glove material, measured in minutes. This result is recorded in time bands, which are categorised in performance levels, as specified in **EN 374**.
2. **Permeation Rate (PR)** – This is the rate that the chemical transmits through the material after breakthrough has occurred. It is measured in the Marigold Industrial Chemical Resistance chart as FAST (F); MEDIUM (M); SLOW (S) and ZERO (0)

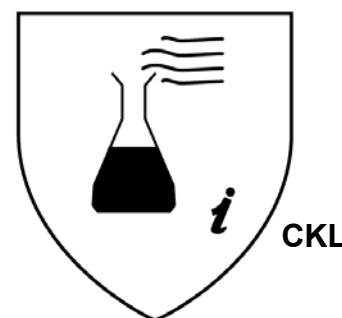
The performance levels specified are: -

Level 1	11 – 30 mins	Level 4	121 – 240 mins
Level 2	31 – 60 mins	Level 5	141 – 480 mins
Level 3	61 – 120 mins	Level 6	> 480 mins

The Level 6 was equivalent to full day's shift and Paul added that a sure sign of permeation was when the inner liner became discoloured!

The tests are done for a specific Chemicals, drawn from this list in EN 374: -

A	Methanol	G	Diethyl Amine
B	Acetone	H	Tetrahydrofuran
C	Acetonitrile	I	Ethyl Acetate
D	Dichloromethane	J	n-Heptane
E	Carbon Disulphide	K	Sodium Hydroxide 40%
F	Toluene	L	Sulphuric Acid 96%





EN 374

Whatever tests have been done for the material in question, the corresponding Alpha Code will be displayed alongside this symbol. For Acetonitrile, Sodium Hydroxide and Sulphuric Acid, the letters will be “CKL”.

Paul summarised this information by showing how it appeared on a typical Product Information Sheet and concluded his talk with some “Does and Do'ts” other hints on how to use gloves: -

DO check the gloves for the job have been selected and issued	DO remove and dispose of gloves safely
DON'T wear gloves beyond their useful lifetime	DON'T SHARE GLOVES!
DO check gloves regularly for any defects or holes	DO wash hands before you put gloves on
DO check permeation and degradation times	DO treat all cuts and abrasions before wearing gloves
DO store all gloves safely	DON'T Ignore any signs of skin rash or irritation

This glove is certified to comply with the essential requirements of European directive EEC/89/686 of December 21st, 1989 relative to personal protective equipment submitted to CE type examination issued by a notified laboratory, who certifies the conformity of this glove with the EN standards to which it responds and certifies the performance levels obtained during tests and manufactured under a CE quality assurance system carried out by a notified body.

CE 0334  

EN 388
Mechanical hazards

2 2 4 1

2 Abrasion
2 Blade cut
4 Tear
1 Puncture

EN 407
Heat and fire

x 2 x x x x

2 Contact heat


EN 374
Chemical hazards

AKL

2 A - Metanol
6 K - Sodium hydroxide 40%
4 L - Sulphuric acid 96%

EN 374
Micro-organisms hazards

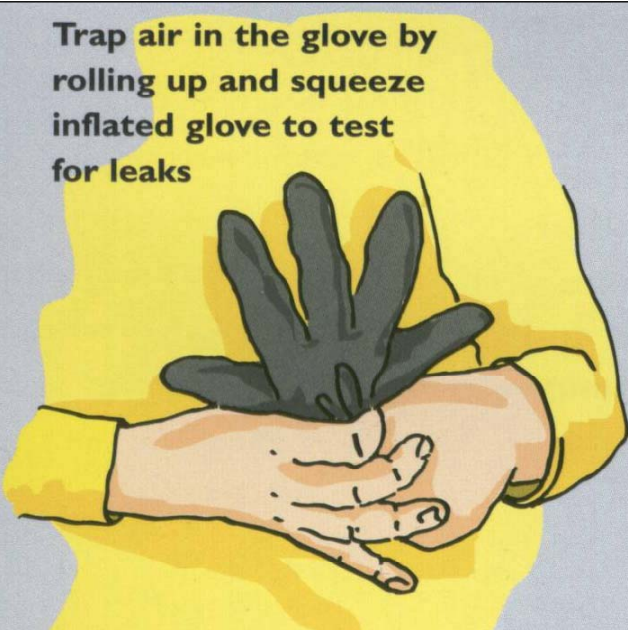
Safe Glove Removal



Careful removal avoids contact with the outer surface of the glove.

- 1 Pull glove off at fingertips
- 2 Crumple glove into a ball
- 3 With the cuff of the removed glove nip the cuff of the second glove
- 4 Pull the second glove inside over the first glove

Trap air in the glove by rolling up and squeeze inflated glove to test for leaks



Members' Questions

John Surman of JFW Gas Ltd. asked if Marigold produced electrical insulating gloves and Paul said that they did not.

Bob Cole of Morgan EST enquired if Paul could give any information about the effectiveness of Vibration Gloves. Paul said that Marigold did not supply them and commented that they did not control the effect of vibration directly, although they did alleviate the symptoms because they kept hands warm.

Dalvinder Masaun of Sandwell & West Birmingham Hospitals NHS Trust asked how it was possible to check suitability if there were no markings on the glove. Paul suggested that the user could use the Chemical Abstracts Service Registry (CAS) number to identify the chemical on their website @ www.marigoldindustrial.com.

Bob Cole asked a safety tolerance could be allowed on the quoted performance levels. Paul said that, as they were EU Standards, no tolerance factors could be applied. He added that, as most gloves were worn for splash protection, whereas the tests were done by full immersion, there was a significant, albeit unintentional, in-built margin in the application.

Dave Lilley commented that he had heard of an alternative to Kevlar and asked if Paul could identify it. Paul replied that it was a material called Dinema and that it was thinner and lighter than Kevlar and gave more dexterity. Kevlar, however, exhibited more heat resistance.

As there were no further questions, the Chairman thanked Paul for a most informative presentation and asked the audience to show their appreciation.

Slips and Trips Workshop

Our full-day event for 2009 is the well-known and applauded package presented by a panel of experts in this field from HSE and HSL in Buxton. It is part of the current HSE campaign on “Shattered Lives” aimed at one of the most persistently stubborn group of accidents types, causing about 60% of accidents in the workplace. The somewhat innocuous name of this type of accident utterly belies the serious nature of injuries they can cause, because some are, literally, “Life shattering”.

The publicity flyer and booking form for this unique event is enclosed with this Newsletter. The intensive style of this workshop is such that we have been forced to severely limit the number of places so, please, do get your booking in early. Such is the popularity of this event that bookings were made as soon as the date was known and before this flyer was printed!

It is no salesman’s pitch, when I say “Book early to avoid disappointment!”

Date of the next Meeting

2.00 pm on Monday `11th May 2009

**at the Birmingham Medical Institute
Health and Safety at Community Events
*Ron Stretton, Principal H & S Advisor
Birmingham City Council***

As events get bigger and better, there is an increasing interest in making them safer so that audiences take home happy memories and not serious injuries! The Birmingham City Council bears an important responsibility to ensure this happens in public areas but the same principles apply equally to events stage in private areas by Charities, School Groups and Sports Groups.

Anyone who has an interest in running events for work, or as an official for leisure activities will find this presentation on the updated Birmingham City Council Outdoor Entertainment Events – Guide for Events Organisers. This has been agreed jointly with West Midlands Fire Service, West Midlands Police and the West Midlands Ambulance Service

***As usual, there will be a Buffet Lunch at 1.15.pm
Be there early to avoid disappointment!***